

## **Plaque Attack – Teachers Notes**

This game aims to make young children think about looking after their teeth and to recognise all those things that are harmful for your teeth.

### **Activity One**                      The game itself

#### **Beforehand**

Copy all the pictures onto card and shuffle well. One set of cards per group of three players.

Copy the 'bad' teeth and the 'healthy' teeth onto card and cut up. Make sure that there are plenty of both types of teeth for each group (about 15 of each type).

#### **How to play**

In groups of three.

Shuffle the cards well and lay them face downwards. Each player takes a turn to pick a card. When a card has been picked the group must decide together if it is something that would be good for your teeth or something that would harm them.

If it is a good thing then the player collects a healthy tooth.

If it is a bad thing then the player collects a bad tooth.

If a player collects 4 bad teeth then they are out of the game and must go to the dentist!

### **Activity Two**

Rearrange the groups at this point.

Enlarge the Venn Diagram to A3 or alternatively make a larger one on sugar paper.

Each member of the group cuts out their pictures. The group then classifies them according to whether or not they are 'good' or 'bad' for teeth. If they are not sure then they can utilise the 'Not Sure' area. There must be a group consensus of opinion before the pictures can be glued down.

The toothpaste tube is empty.



You clean your teeth after every meal.



You have chocolate syrup on top of your ice-cream.



Your favourite snack is cheese.



You chew sugar-free chewing gum to help clean your teeth.



You pour golden syrup on top of sugar coated cereals.



You make sure that you brush your teeth every morning.



You eat a stick of celery for a snack.



You chew a packet of sticky gooey toffees.



Your mum buys  
**FLUORIDE**  
toothpaste.



You do not keep your  
appointment with the  
dentist.



You drink a glass of  
milk every day.



You have an extra  
helping of double  
chocolate pudding.



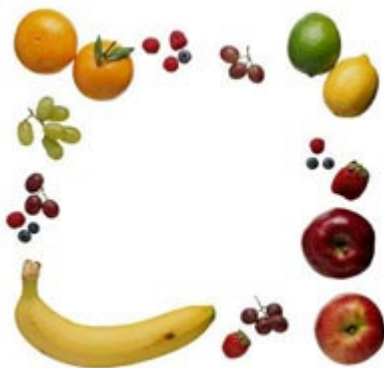
You munch on crunchy  
carrots between  
meals.



You have three  
spoonfuls of sugar in  
your tea.



You usually try to  
have a piece of fruit  
for pudding.



You like to drink lots  
of coca-cola.



You go to the dentist  
for your regular  
check-up.



You go to bed  
**WITHOUT** cleaning  
your teeth.



You eat an apple for  
your break-time  
snack.



You drink hot  
chocolate just before  
going to bed.



You say "NO" to  
sweets.



You drink some sweet  
fizzy pop with your  
dinner.



You brush your teeth  
before you go to bed.



You suck a sugary  
lolly very slowly.



You buy a new  
toothbrush.



Your toothbrush has  
no bristles left.



Good for your teeth

Bad for your teeth

Not Sure?





