

Sparkling Smile – Teachers Notes

Aim

To reinforce the concept that some things are good for the teeth and some are definitely not, and to enable the pupils to distinguish between the two.

Instructions

You need: One game board per group of 3 or 4 players.
A 1p or 2p coin each.

How to play

Each player begins at 'START'.

They each take turns to toss their coin.

If the coin lands on 'HEADS' they move forwards 1 space.

If the coin lands on 'TAILS' they move forwards 2 spaces.

If a player lands on an instruction square then they must read the statement and carry out the instruction.

The winner is the first player to get to 'FINISH'.

START

You put sugar on your fruit



1

Back 1

2

You clean your Teeth after eating



3

Forward 2

You need a new toothbrush



4

Back 2

5

You eat an apple Instead of sweets



6

Forward 2



Too much sugar!

7

Back 2



8

Fizzy drinks contain a lot of sugar



14

Back 2

A healthy tooth



13

Forward 2

12

You haven't cleaned your teeth



11

Back 1

Milk is rich in calcium



10

Forward 2



You visit the dentist regularly

9

Forward 3



15

You forgot to go to the dentist



16

Back 1

You clean your teeth after eating sweets



17

Forward 2

18

A bad tooth



19

Back 1

A healthy snack for teeth!



20

Forward 2

Unkind to your teeth



21

Back 2

22

END